

A STRONG DEFENSE

against general weakness can only be established and maintained by keeping the digestion good and liver and bowels active.

HOSTETTER'S STOMACH BITTERS

will help wonderfully in restoring the "inner man" to a strong and normal condition.

His Collection.

Wife—John, the bill collector's at the door.
Hubby—Tell him to take that pile on my desk.—Penn State Froth.

TAKES OFF DANDRUFF
HAIR STOPS FALLING

Girls! Try This! Makes Hair Thick, Glossy, Fluffy, Beautiful—No More Itching Scalp.

Within ten minutes after an application of Danderine you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable luster, softness and luxuriance.

Get a 25 cent bottle of Knowlton's Danderine from any store, and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all—you surely can have beautiful hair and lots of it if you will just try a little Danderine. Adv.

Prosperous Appearance.

"Some men live for their stomachs." "That's true, but the man with an unusually large abdomen has a prosperous look withal, and if he can drape a heavy watch chain across it the illusion is complete."

IS CHILD CROSS, FEVERISH, SICK

Look, Mother! If tongue is coated, give "California Syrup of Figs."

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely. A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, stomach sour, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhoea. Listen, Mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well child again.

Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

The Masters.

Platbush—You know he's got a picture of one of the old masters at his house.

Bensonhurst—Which wife is it?

Always use Red Cross Ball Blue. Delights the laundress. At all good grocers. Adv.

The Invariable Loser.

"Did you ever play cards for money?"
"Yes; but I never got it."

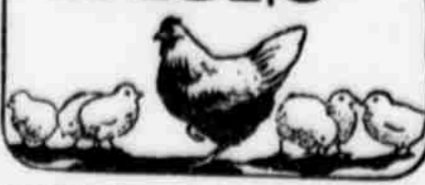
For the treatment of colds, sore throat, etc., Dean's Mentholated Cough Drops give sure relief—See at all good Druggists.

Great thoughts seldom come in very big packages.

Sore Eyes

Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by **Murine Eye Remedy**. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Remedy Druggists or Murine Eye Remedy Co., Chicago

POULTRY FACTS



GREEN FEED DURING WINTER

If Egg Supply Is Decreasing, Few Feeds of Cabbage or Turnips Will Increase Production.

Are you beginning to feed your hens any green stuff yet this winter? Have you noticed any decline in egg production so far? If they are without green feed and the egg supply is going down it is probable that a few feeds of cabbage or turnips will help increase production.

Of course, there is really very little nourishment in either the cabbage or the turnips, but a hen needs a sort of an appetizer from time to time. I have found it better to stimulate egg laying by feeding some of the commoner vegetables than to pour red or cayenne pepper into the hens.

The point is that hens will eat more when fed green vegetables at regular intervals. The more they eat the better the chances for heavy egg production, says a writer in an exchange. Cabbage, turnips, potatoes and onions help the bird's digestion.

It does not matter much what vegetable we use in midwinter. As a rule I save all the small potatoes from the bins, beginning when the potatoes are dug, storing the small, warty and undersized ones separately for use in chicken feeding. They must be boiled to be of any value, as a raw potato is one of the most indigestible things ever taken into the alimentary tract of bird or beast.

FEEDING THE YOUNG CHICKS

Little Fellows Are Not Fed Anything Until They Are Two Days Old at Minnesota Station.

(By C. E. BROWN, Minnesota Experiment Station.)

We do not feed little chicks before they are two days old, but from the beginning give them water. During this period the hen is given her food out of reach of the little ones. The first feeds are given sparingly every two hours, and are usually wet mash.

After the third day we feed some of the cracked grains, a little at a time, till, at the end of the fifth or sixth day we are giving only two feeds a day of the mash and three feeds of the cracked grain. Occasionally we give a little whole wheat, and by the end of eight weeks we are feeding most of the grains whole. If the chicks are un-



Haven't Scratched Yet.

able to get worms or insects in sufficient quantities, they must be supplied with a substitute, such as milk or beef scraps. Green feed is given in the form of finely chopped lettuce, a piece of potato or turnip or mangel when they are not able to run outside on the grass.

QUESTION OF SHELL COLOR

New York City Is Ready to Pay Premium for White Eggs—Flavor Is Controlled by Feeding.

There is a prejudice in the market regarding the color of the egg shell. It is a prejudice of long standing, and will, without doubt, remain with the buying public. The average American market prefers a brown color, while New York city is ready to pay a premium for white-shelled eggs. The brown egg buyers in particular claim that the eggs are of a richer flavor. All this is imaginary, when we come to understand that it is food and not color of shell that flavors the egg. Is it reasonable to suppose the brown egg of the Brahma fed on onions could be as sweet as the white egg of the Leghorn fed on clover?

Best Ration for Fattening.

There is no ration better for fattening poultry for market than sweet potatoes and cornmeal. Cook the potatoes and just before removing from the fire add cornmeal. Feed when cold. About a pound of cornmeal to a half peck of sweet potatoes makes a good ration.

Furnish Eggs and Poultry.

To be able to furnish eggs or poultry continuously for the trade there must be a continuous supply. These must be raised or purchased. The old hens cease to lay freely and their

CALOMEL SICKENS! IT SALIVATES!
DON'T STAY BILIOUS, CONSTIPATED

I Guarantee "Dodson's Liver Tone" Will Give You the Best Liver and Bowel Cleansing You Ever Had—Don't Lose a Day's Work!

Calomel makes you sick; you lose a day's work. Calomel is quicksilver and it salivates; calomel injures your liver.

If you are bilious, feel lazy, sluggish and all knocked out, if your bowels are constipated and your head aches or stomach is sour, just take a spoonful of harmless Dodson's Liver Tone instead of using sickening, salivating calomel. Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working. You'll be cheerful; full of vigor and ambition.

Your druggist or dealer sells you a 50-cent bottle of Dodson's Liver Tone

under my personal guarantee that it will clean your sluggish liver better than nasty calomel; it won't make you sick and you can eat anything you want without being salivated. Your druggist guarantees that each spoonful will start your liver, clean your bowels and straighten you up by morning or you can have your money back. Children gladly take Dodson's Liver Tone because it is pleasant tasting and doesn't gripe or cramp or make them sick.

I am selling millions of bottles of Dodson's Liver Tone to people who have found that this pleasant, vegetable, liver medicine takes the place of dangerous calomel. Buy one bottle on my sound, reliable guarantee. Ask your druggist or storekeeper about me.

A First Offender.

Each of two little Boston girls has a black-and-tan terrier dog. It was not long before the two dogs fought, and it required the efforts of a man to separate them.

Each little girl was disposed to blame the other's little dog for starting the trouble, and one of them said: "I don't care, your dog is a sneaking little thing, anyhow!"

"Well, so is your dog," was the reply. "And this time it snooked first, too!"

STOMACH MISERY
GAS, INDIGESTION

"Pape's Diapepsin" fixes sick, sour, gassy stomachs in five minutes.

Time it! In five minutes all stomach distress will go. No indigestion, heartburn, sourness or belching of gas, acid, or eruptions of undigested food, no dizziness, bloating, or foul breath.

Pape's Diapepsin is noted for its speed in regulating upset stomachs. It is the surest, quickest and most certain indigestion remedy in the whole world, and besides it is harmless.

Please for your sake, get a large fifty-cent case of Pape's Diapepsin from any store and put your stomach right. Don't keep on being miserable—life is too short—you are not here long, so make your stay agreeable. Eat what you like and digest it; enjoy it without dread of rebellion in the stomach.

Pape's Diapepsin belongs in your home anyway. Should one of the family eat something which don't agree with them, or in case of an attack of indigestion, dyspepsia, gastritis or stomach derangement at daytime or during the night, it is handy to give the quickest relief known. Adv.

Crowning Achievement.

"Was the inventor of the destroyer rewarded?"

"They knighted him."

"And the inventor of the destroyer-destroyer?"

"He was created a baron."

"But the destroyer-destroyer-destroyer's inventor—what was done for him?"

"He was made an earl."

"One more question, if you please—what reward, if any, fell to the author of the book which proves that war is a biological necessity?"

"He was created a duke."

"Yes. We are a cultivated nation, and but for his grace's work we should never have had the face to make use of the inventions of the others."

SOFT WHITE HANDS

Under Most Conditions If You Use Cuticura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. Nothing better or more effective at any price than these fragrant supercreamy emollients. A one-night treatment will test them in the severest forms of red, rough, chapped and sore hands.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Long Drawn Out.

Uncle Jeff, an aged negro driver of Augusta, was piloting several northern visitors around just after the first golf links had been put in there. Uncle Jeff was a little short in his knowledge according to St. Andrew, but long on local pride.

"How many holes have they," inquired a visitor, "eighteen?"

Uncle Jeff pulled up to make his answer more impressive.

"More'n dat, suh," he said, "dey's got a passel er land de holes ain't bigger'n a tin can—I reckon dey's got a thousand holes already, suh."

A wise woman refuses to ask her husband to accompany her to church if he talks in his sleep.

HIS PRESENTS ALL PAID FOR

But Mr. Jones Was Not Quite the Model Citizen the Statement Seemed to Make Out.

Referring to the promptness of some people in settling their accounts, Senator William Alden Smith of Michigan recalled a little incident about a party named Jones.

A few days before Christmas Mr. Jones was talking with his neighbor, Brown, when the subject of interchanging presents entered into the conversation.

"Do you mean to say," declared Brown, in response to a statement made by Jones, "that all of your Christmas presents are paid for?"

"Why, yes," was the easy rejoinder of Jones. "I settled for the last of them yesterday."

"You are nothing short of a wonder!" enviously returned Brown. "I haven't even begun to buy mine yet."

"Neither have I," answered Jones, with a look of enlightenment. "I was referring to last Christmas."—Pittsburgh Chronicle-Telegraph.

WHEN KIDNEYS ACT BAD
TAKE GLASS OF SALTS

Eat Less Meat If Kidneys Hurt or You Have Backache or Bladder Misery—Meat Forms Uric Acid.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which clogs the kidney pores so they sluggishly filter or strain only part of the waste and poisons from the blood, then you get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, constipation, dizziness, sleeplessness, bladder disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts, or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, get about four ounces of Jad Salts from any reliable pharmacy and take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia and has been used for generations to flush clogged kidneys and stimulate them to activity, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which all regular meat eaters should take now and then to keep the kidneys clean and the blood pure, thereby avoiding serious kidney complications.—Adv.

For Steadfast Peace.

God puts within our reach the power of helpfulness, the ministry of pity; he is ever ready to increase his grace in our hearts, that as we live and act among all the sorrows of the world we may learn by slow degrees skill and mystery of consolation. "If ye know these things, happy are ye if ye do them." There is no surer way of steadfast peace in this world than the active exercise of pity; no happier temper of mind and work than the lowly watching to see if we can lessen any misery that is about us; nor is there any better way of growth in faith and love.—Francis Paget.

A Bridal Tour.

"I want to go abroad the worst way!" exclaimed the young thing.

"Then you should marry. I know of no worse way."

Saying which, the older thing smiled harshly.

So He Got Wet.

Mother—Why didn't you run for home when you heard that a shower was coming up?

Willie—"Cause I knew I wouldn't get wet unless it came down."

One sign that we are growing more humane is that men blanket their motor car engines.—Nashville Banner.

CANADA ONE OF THE
WORLD PROVIDERS

Although Canada's real start in national development as pointed out by the Buffalo Commercial, came slowly and late, as compared with that of the United States, it is now well under way, and very soon there will be a marvelous expansion in agriculture, mining and manufacturing.

The paper above mentioned says that "heretofore the development of Canada, like that of the United States, has been westward, but unlike this country, the Dominion has a great territory to the North, which has been regarded as all but uninhabitable, but in which recent research has proven there are possibilities of development almost inconceivable." After making complimentary reference to the resources of the country tributary to the Hudson Bay, which will be opened up when the railroad now under construction is completed, the Commercial further says "there are those living today who will see our neighbor on the north a great and powerful nation, and a not insignificant industrial and commercial rival of the United States. The war may retard, but it cannot destroy, Canada's future. And in this expansion no one will more heartily rejoice than the people of the United States, because the prosperity of the Dominion is bound to increase our own."

Herein is the spirit that dominates the Dominion Government when it extends an invitation to Americans to assist in developing the resources that Canada possesses, whether they be mineral, forest, industrial, commercial or agricultural. Both countries will benefit and the United States will be a gainer by having as a neighbor a country whose resources are as great and varied as are those of Canada.

In comparing the United States along with other nations of the world in producing and importing foodstuffs, the Agricultural Outlook published by the United States department of agriculture says:

The United States in recent years has been as large an importer of foodstuffs as exporter; therefore she cannot be classed as a surplus producer of foodstuffs. This is contrary to popular impression. It is true that she is an exporter of certain articles, but she is an equally large importer of other articles. In this classification tea and coffee are included with foodstuffs. In edible grains the production is 23 per cent more than the amount retained; the production of meats is six per cent more—that is, exports of meat equal six per cent of that retained in the United States for consumption; the production of dairy products is 20 per cent more than consumed; the production of poultry is just about equal to consumption; of vegetables, one per cent less.

An investigation into the production, imports and exports of food products of various countries indicates that England produces about 53 per cent of her food requirements, and imports (net) about 47 per cent; Belgium produces 57 per cent, and imports 43 per cent; Germany produces 88 per cent, and imports 12 per cent; France produces 92 per cent, and imports eight per cent; Austria-Hungary produces 98 per cent, and imports two per cent; Russia produces 110 per cent of her requirements, and exports an equivalent of about 10 per cent; Canada produces 23 per cent more than she consumes; Argentina produces 48 per cent more than she consumes; the United States produces practically no more than she consumes (i. e. exports and imports of foodstuffs almost balance).

With this information before the reader, it is not a difficult matter to direct attention to the fact that Canada stands in a pre-eminent position in the matter of grain and cattle production, and with a large territory yet unoccupied she will always maintain it.—Advertisement.

Put It Up to Father.

"I'm going to thrash you soundly," said Mr. Washington to little George. "Do as you please," responded the infant father of his prospective country, "but if you do the American people will never forgive you."

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the

Signature of **Dr. J. C. Fletcher** In Use For Over 30 Years. Children Cry for Fletcher's Castoria

A Sacrifice Hit.
She—Would you leave your home for me?
He—I'd leave a baseball game in the ninth inning with the score a tie.



HORSES FOR EUROPE

Europe is buying thousands of horses from the United States for the war. The army agents refuse all horses that are not in good condition and free from contagious and infectious diseases. When the buyers come you must be ready to sell. Keep your horses in stable condition, prevent and cure thrush, Pink Eye, Symploc, Catarrh and Shipping Fever by using the largest selling veterinary remedy

SPOHN'S DISTEMPER COMPOUND. Absolutely safe for all ages. One bottle cures a case. 40 cents and 80 cents bottles. 25 and 50¢ the dozen. Write for free booklet, "Distemper, Causes and Cure." **SPOHN MEDICAL COMPANY, Chemists and Bacteriologists, GOSHEN, INDIANA**

THIS WOMAN'S
SICKNESS

Quickly Yielded To Lydia E. Pinkham's Vegetable Compound.

Bridgeton, N.J.—"I want to thank you a thousand times for the wonderful good Lydia E. Pinkham's Vegetable Compound has done for me. I suffered very much from a female trouble, I had bearing down pains, was irregular and at times could hardly walk across the room. I was unable to do my housework or attend to my baby I was so weak. Lydia E. Pinkham's Vegetable Compound did me a world of good, and now I am strong and healthy, can do my work and tend my baby. I advise all suffering women to take it and get well as I did."—Mrs. FANNIE COOPER, R.F.D., Bridgeton, N.J.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and to-day holds the record of being the most successful remedy for female ills we know of, and thousands of voluntary testimonials on file in the Pinkham laboratory at Lynn, Mass., seem to prove this fact.

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

You never can tell. Many a man who writes pretty punk love letters makes a mighty good husband.

Most particular women use Red Cross Ball Blue. American made. Sure to please. At all good grocers. Adv.

A Limited Journey.

Ed—He seems to be wandering in his mind.
Fred—Well, he can't stray far.

Easily Mislead.

"I'm afraid Johnson hasn't much of a vocabulary."
"No?"

"If you should happen to speak of bas relief he'd probably think you were referring to something in the nature of a highball."

For a Galled Horse
Try It After Others FailHANFORD'S
Balsam of Myrrh

For Galls, Wounds, Cuts, Lameness, Strains, Bunches, Thrush, Old Sores, Nail Wounds, Foot Rot, Fistula, Bleeding, Etc. Etc.

Made Since 1846. Ask Anybody. Price 25c, 50c and \$1.00. OR WRITE: All Dealers G. C. Hanford Mfg. Co., SYRACUSE, N. Y.

Constipation
Vanishes Forever

Prompt Relief—Permanent Cure
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature



Asen Wood

PARKER'S HAIR BALM A toilet preparation of merit. For restoring Color and Beauty to Gray or Faded Hair. 50c and 1.00 at Druggists.

W. N. U., Oklahoma City, No. 7-1916.

Death Lurks In A Weak Heart

If Yours Is fluttering or weak, use **RENOVINE.** Made by Van Vleet-Mansfield Drug Co., Memphis, Tenn. Price \$1.00